

Volume 8, Issue 9 September 2022

Big Hoot Trail

The owls will be leaving Ipswich on 3rd September and will all gather together on 10th and 11th to be auctioned and find permanent homes. Athena's Companion has been roosting between our Meeting House and the Willis building.



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Modern Slavery

My name is Dan & I'm the Volunteer Programme Manager for The Salvation Army Anti-Trafficking & Modern Slavery Unit. I wanted to highlight the topic of Modern Slavery & Human Trafficking with you. This is a heinous crime which is taking place more and more within the UK and we at The Salvation Army want to raise awareness about what we can do to prevent Modern Slavery & to support survivors of Modern Slavery.

What is Human Trafficking? – Human Trafficking is when a person is deceived or taken against their will. They are controlled by threat or use of force, coercion, abduction, fraud, deception, abuse of power or vulnerability. Victims are bought, sold, and moved to a new location to be exploited and abused. Human Trafficking is the illegal trade in human beings for the purpose of exploitation.

What is Modern Slavery? — Being held through either physical means or through threat of penalty. This may be by use of force, coercion, abduction, fraud, deception, abuse of power or exploiting vulnerability. As a result of the means an individual provides a service or benefit. This could be begging, sexual service, manual labour, domestic abuse etc.

From 1st July 2020 to 30th June 2021, we received a 40% increase in referrals for British Nationals to the National Referral Mechanism (NRM). The NRM is the UK Government's framework for identifying and referring potential victims of

Modern Slavery - cont.

Modern Slavery and/or Human Trafficking. This trend is also increasing, and we believe in our next annual report due in October this year that there'll be a further increase in British Nationals referred to our service. During July 2020 to June 2021, we had survivors from 98 different nationalities referred to our service. We are currently supporting around 950 survivors across various safe houses in England & Wales and we are supporting around 6600 survivors in total, some through outreach support.

The reason for wanting to reach out to you is that I'd love to raise awareness of Modern Slavery across the Unitarian community, if any of you want to hear more about the work we do, I'd love to talk with you, either as a group or individually. We are also looking to promote our volunteering opportunities as volunteers help support us with transporting, interviewing and mentoring survivors of Modern Slavery. Please see the role descriptions on the website. Please feel free to get in touch with me directly via ATMSVolunteering@salvationarmy.org.uk if you want to discuss!

We also have a Survivor Support Fund that has been set up to support survivors of Modern Slavery. This fund supports survivors by purchasing clothing for them, mobile phones, laptops, counselling sessions, help into employment, college / university courses etc. If you'd like to hear more about the fund and how you can donate to help a survivor, please also get in touch!

Please see link to our website here, please watch the video on this page, it tells you about what The Salvation Army do and it follows the journey of a survivor through our service!

Please see a link <u>here</u> to the latest annual report to learn more about the statistics!

If you have Facebook, please give our social media page a follow here!

Finally, if you want to learn how to spot the signs of Modern Slavery, please click the link <u>here!</u>

Kind Regards,
Daniel Weaver
Volunteer Programme Manager
Anti-Trafficking and Modern Slavery Unit
The Salvation Army United Kingdom and Ireland
Territory

Tel: 07341571213 Direct line 9am-5pm Mon-Fri

https://www.facebook.com/salvationarmysurvivor
support/

Poetry Group

On 29th September at 2pm the poetry group will be looking at Philip Larkin to celebrate his centenary. To join the discussion, contact Riena Jackson on mjack76748@aol.com

Book Group

On Thursday 22nd September at 7pm online via Zoom we will be discussing *'Obsessive Intrusive Magical Thinking'* by Marianne Eloise. To be added to the group and receive the link, contact Tessa Forsdike on tessa@tessajordan.co.uk

Taizé Singing Group

This group is re-starting after the various lockdowns. The first meeting will be on Thursday 15th September from 10 to 12 noon. For more details contact Ann Baeppler - annbaeppler@gmail.com

Trussell Trust

On behalf of the congregation, the Trustees have signed the Trussell Trust's campaign about food poverty. If you would like to support this as an individual, here is the link -

https://docs.google.com/forms/u/0/d/e/1FAlpQLSf5nn BulFtlcTLKDcGt5n1m_blos_LpUmt4AMh492952PxQg/formResponse

Congratulations!



Sally Washington's new grandson Robin was born on 29th July. Here they are when Sally popped up to Scotland to visit him. We wish him and his family all the best for the future.

Services in September

- 4th Dr Nicholas Groves Octagon Chapel, Norwich
- 11th Rev Cliff Reed, Minister Emeritus, Ipswich.
- 18th Paulette Reed, Ipswich Unitarians
- 25th Stefan Freedman

Please note – some streets in Ipswich will be closed for the Ipswich Half Marathon on Sunday 11th September, so please allow extra time to reach the Meeting House that day.

Harvest Festival

The Harvest Festival will be held on the 2nd October, followed by a congregational lunch. It will be wonderful if we have a full congregation in our Meeting House to celebrate and give thanks for the bounty of the harvest. Harvest goods will be donated to Lighthouse Women's Aid.

Build Your Own Theology/Beliefs

Here is another contribution from the BYOT course group's drafting of our personal Ten Ethical Commandments -

- 1. Be courageous by bearing witness to injustice, by giving voice to those who cannot defend themselves, and by amplifying the voices of those whose avoidable suffering might otherwise remain invisible.
- 2. Seek fulfilment by looking within myself through prayer and self-reflection, by using my self-knowledge and strengths to be of service, and avoid looking to others (people, substances, distractions) for a sense of wholeness.
- 3. Remember that responsibility for change lies in our hands. Prayer may help us understand what responsibility entails in a given context, but we are the agents of change.
- 4. Live deliberately and thoughtfully, as an attentive observer and listener who finds and creates beauty in the world and in others.
- 5. Remember that 'The personal is [still] political,' and engage fully in collective action that will change policies and laws to enable greater justice and equity.
- 6. Make kindness, forgiveness joined with justice, and love, the sustaining forces of our connectedness with others.
- 7. Protect the natural world and all living creatures from humanity's exploitative tendencies with a fierce passion and collective action.
- 8. Work to alleviate the structural and institutional causes of poverty and inequality and resist the criminalisation of poverty.
- 9. Ensure that hope doesn't result in passivity, or ethical cowardice, and instead, use hope as an affirmative and positive stance that empowers you to engage in necessary action to bring about positive change.
- 10. Respect and support others in their vulnerabilities and allow yourself to remain vulnerable and open to asking for help, open to change and growth.

We will share more lists in future newsletters.

Hucklow Summer School 2022 Online

Right Relationship: Practising Love, Justice and Peace in Everyday Life

We've been delighted to see so many people attending our theme talks on Zoom this year. However, if you've not had a chance to join us live yet, you can catch up with the talks on YouTube or via our podcast feed. If you have come along to the talks and enjoyed them we would appreciate it if you would help spread the word, enthuse to your friends, and share the links via your networks so that the talks reach the ears of as wide an audience as possible (please do let us know of any congregational conversations or services that take place following the event which pick up on the issues we have raised this week).

Theme Talk #1: <u>Sarah Tinker and Jane Blackall (available on YouTube)</u>

Sarah and Jane introduce our theme with an overview of what it might mean to be in 'right relationship' with self, others, and God. How can we live together on this small planet in ways that are loving, peaceful and just? We will consider a few basic principles and rules of thumb we might employ to discern what is 'right' in any relationship, situation, or context (and we'll acknowledge how complex and messy it can be to relate to others despite our best intentions).

Theme Talk #2: <u>Nicola Temple and Lizzie Kingston-</u> Harrison (available on YouTube)

Thinking outside the box: How do we build a right relationship with the people outside the door? Nicola and Lizzie will be using their personal stories to explore the ways in which we can cultivate 'right relationships' with those people who are not currently members of our Unitarian and Free Christian congregations. Drawing on examples from their own spiritual journeys, Lizzie and Nicola ask how generational differences help explain why so few younger people and millennials are active members of faith groups. Together they reflect on how we might better address the needs of those who are 'not in the room' through nurturing congruent and empathic spaces that meet people on their own terms and conclude that one of most important 'right relationships' we can establish is our collective relationship to change.

Wednesday 24th August, 7.00pm – Theme Talk #3: Laura Dobson and Arek Malecki

"The body isn't a thing we have but an experience we are" – Christine Coldwell. Arek and Laura will be reflecting on the importance of the right relationship with our physical selves. The rational roots of our denomination often point us towards our mind and intellect in practicing spirituality, while often downplaying the incarnational aspect of our being. They will talk about their experiences of engaging in embodied spiritual practice and offer examples of how simple practice of bodyfulness can be beneficial for us as individuals, contributes to building richer relationships with one another in community and helps us to be aware of our place in the great web of life.

Ipswich Book of Days Extract

September 5th 1758 – Joseph Priestley (1733 – 1804), the discoverer of oxygen, left Needham Market on or about this day after a rocky three years there as a Presbyterian minister. It was Priestley's first position as a minister and he was wholeheartedly disliked by his 100 strong congregation. They did not understand his sermons, which he delivered with a stammer and a strong Yorkshire accent. They disapproved of his theological beliefs and they refused to support the school he planned for the town. When Priestley left Needham, he took a position in Nantwich. This and subsequent positions were more successful, and he came into his own as a scientist, theologian, educator and philosopher. For example, he invented soda water, discovered oxygen, experimented with electricity and helped lay the foundations of Unitarianism. Priestley spent his last days in the backwoods of Pennsylvania, USA. By this time, he had been made a member of every major scientific society in the western world. His old church in Needham Market had closed down long before. (Robert E. Schofield, The Enlightenment of Joseph Priestley).

Taken from a book entitled 'The Ipswich Book of Days' a collection of articles gathered and edited by Rachel Field.

Richmond QUUilters Creations

The beautiful batik chasuble pictured in the article by Paulette in last month's Newsletter inspired me to offer a sampling of fabric creations from the First Unitarian Universalist Church of Richmond, Virginia, US. Within this congregation is a group of several dozen (mostly) women who meet monthly to share their love of quilting. In addition to personal projects such as wall hangings, bed covers, and other soft furnishings, we produce pieces to adorn our building and for use by the clergy. This chalice flame on the lectern is the focal point for Sunday services in the Great Hall.



Colorful stoles are generally worn over robes by our ministers while conducting services. The QUUilters often design and sew stoles for special occasions, such as the ordination of those who have served our congregation as interns, and as farewell gifts for ministers moving on from First UU.



Textiles are also created in conjunction with programs the congregation supports. This colorful stole and the collection of quilted portraits are a tribute to the Black Lives Matter movement. African fabrics frame quotes by some who have died.





By Dee de Roche, a previous member of our meeting who has now returned to the US and gets up early to join us online for services on Sundays. The US spelling has been followed.

Annual General Meeting

We will be holding our AGM after the service on Sunday 13th November – please put the date in your diary! Two Trustees' three-year terms of office come to an end then and both (Paulette Reed and Tessa Forsdike) are willing (if nominated) to stand for re-election. There is also one vacant position as Trustee. If you are a member of at least one year's standing and would like to make a positive contribution to the life of our Meeting House, please talk to a Trustee about what is entailed.

At that meeting we will also be voting on which charity to choose as our main charitable fundraising focus for the following year. We have supported Lighthouse Women's Aid project for the last two years. This is longer than usual as, due to the pandemic complications, we were unable to organise many fundraising events. Many of us will continue to support Lighthouse on a personal level.

Events and dates for your diary

One Big Multicultural Festival – Sunday 4th
September 12 noon to 6pm – at Alexandra Park – world music and food, information, sports, fairground rides – something for all.

Ride and Stride – Saturday 10th September – we open our Meeting House to visitors from 9.30 to 17.00 when sponsored cyclists and walkers will be checking in at churches, chapels and meeting houses in Suffolk to raise funds for the Suffolk Historic Churches Trust and for their own place of worship. Please sponsor Linda King who is walking for us. We will also need some volunteers to welcome and sign in the visitors.

Heritage Open Days — Saturday 10th and Sunday 11th September — alongside the Ride and Stride, the Heritage Open days will bring more people interested in the local buildings of interest. On the Sunday visitors may join our service in the morning and we will also stay open in the afternoon until 16.00. Volunteers are needed to show people around and to answer questions about our history. Speaking of Spirit — Saturday 10th September 1pm to 3pm — 47 St Nicholas Street - storytellers from different religious traditions regale the audience with tales from within their faiths. Suitable for all. East Anglian Unitarian Women's Group meeting — Tuesday 13th September in Norwich — 11.30am — speak to Linda King for more details.

<u>Trustees Meeting – Friday 30th September</u> – any queries or suggestions, please speak or email one of the Trustees.

Spooky Stories from MR James – Saturday 29th
October 7.30pm – Adam Whybray will be reading two scary stories, Robert Waller will be playing scary organ music and we will offer spooky refreshments.

<u>Dickens Storytelling – Saturday 19th November at 7.30pm</u> – Bob Allen will be reading some extracts from Charles Dickens. If you missed his storytelling event on Saturday 27th August, you missed a treat – don't miss this one!

Tessa Forsdike was interviewed on BBC Radio Suffolk early one Sunday morning about our BYOT course and the Ethical Commandments we have written – here is the link if you would like to listen to it -

https://www.bbc.co.uk/programmes/p0cqdgly

Chalice Consultation Update

In the Annual Meetings in April, the membership voted to pass the following motion on 2021's General Assembly rebranding work:

"That this General Assembly of Unitarian and Free Christian Churches regrets the lack of consultation over the rebranding exercise and requests that the Executive Committee (EC) consults the constituent congregations and fellowships on whether to introduce the new logo or retain the traditional Chalice Design adopted in 2007 in the interests of maintaining a consistent denominational identity." In response to this, we are pleased to invite people to some 'listening circles' as a chance for the GA to hear what's on people's minds and hearts relating to the design work, and their relationship to the chalice symbol (of any design).

Initially, there will be two opportunities:

Tuesday 20 September, 1pm https://us02web.zoom.us/meeting/register/tZlvcOqt rjguGtVUxjLk4L3pw-Vl2SfL9IA8 Wednesday 21 September. 7pm https://us02web.zoom.us/meeting/register/tZcufuCo rT8iG9aJB3Dzx-GkdavH5wLkVGpI

We ask that people register in advance if they wish to come (by clicking on the links above). It is possible to join by telephone if you are unable to join by videocall. These won't be forums for decision-making or debate, but a chance for people to be heard. What we learn from these initial listening circles will inform our next steps in consulting with the wider community.

Beyond the specific issue of chalice design, we heard a wish for more communication and engagement more broadly, and we will be considering how we can develop the ways in which the GA communicates with the wider Unitarian movement. From some of

Chalice Consultation Update - cont.

the feedback received so far on the branding work, we recognise there are some elements of the approach that have not come across clearly, and there have been some misunderstandings in the intention and ethos. We hope that the information below will help to clarify some of these. As ever, we welcome anyone to get in touch by email

<u>An overview of the branding work -</u> You can read more about our approach <u>here</u> and in the Inquirer via interviews with <u>Liz Slade</u>, and with <u>the design team</u> we worked with, This Ain't Rock & Roll. You can also read about what they said about working with us, <u>here</u>.

We started the work in spring 2020 and launched the new GA website in February 2021. In mid-2021 we launched a 'design programme' that helps to guide congregations through the process of deciding for themselves how they want to communicate to the world - what words, images, ideas, colours, fonts are right for their individual community. This included a Wordpress website template that can be adapted for use, as well as a series of 'how to' videos to guide people in setting them up. We have also created new information leaflets which were distributed at the Annual Meetings and can be requested from Essex Hall, so that you can have a pack to give out locally. The reason for the work is that we know we need to stop being a well-kept secret. We know that we have much that we can offer people, but we have been hiding our light in lots of ways - including behind outdated looking websites and leaflets.

The ethos of how the design work is used - The steering group recognised the importance of empowering each congregation to express their unique ethos clearly and authentically, seeing the strength in the diversity of what each congregation offers. We are not a 'top down' denomination, and it is down to each congregation to communicate with their local community in the way that is appropriate to them and their context. This means that we have moved away from the 'consistent identity' approach that was used in the past to encourage all congregations to use the same design for their chalice symbol.

The design programme aims to give congregations a helping hand in reflecting on what they want to communicate, and a toolkit for helping them do that.

Congregations have total freedom in what text, images, colours and symbols they use. If they use the design programme, there are elements that can help show visually that they are part of the wider Unitarian and Free Christian family.

We recognise we didn't make this freedom of choice clear enough, and can understand that people may feel upset if they felt that a new design was being imposed on them without an ability to choose whether or how to adopt it.

We have seen a rich array of congregational websites appear over the last year, using different elements of the design programme in beautiful and creative ways. Some use the 'old' chalice, some use the new one, some a different version completely, and some no chalice at all. From the GA's perspective, all are welcome.

Lizzie Kingston Harrison Congregational Connections Lead

It was my great pleasure to take up the role of Congregational Connections Lead in October 2021 and it has been a privilege to build on the work begun by Bob Janis-Dillon. The job appealed to me because I care about Unitarianism and about building authentic connections between groups and individuals. I also have a deep spiritual sense of our interconnectedness which sits congruently with the role. I feel excited to have been given this chance to nurture new ways of connecting our congregations. To quote Bell Hooks, 'healing is an act of communion'. Our communities provide us with healing, loving fellowship, and a safe inclusive space for spiritual growth. Our liberal heritage, our dissenting history and our emphasis on beloved community offer a credible and appealing antidote to our fragmented times. We can be a joyful and radical alternative to the emptiness that arises from search for meaning in a culture of individualism and materialism. Connection and collaboration are therefore at the heart of my role and the very essence of what we can all offer to our wider political and cultural context. A key part of my role is sharing resources, stories, and inspiration across the movement. For example, I have been working on a new website, Worship Words, which will host a collection of inspiring, meaningful and diverse resources for worship. - continued on page 9.

Unitarian College:

Growing our faith from the inside by Helen Mason, Director

I am delighted to have this opportunity to tell Associate Members about the recent and forthcoming activities of Unitarian College. You will remember that the College was founded later in 2018 after the closure of Unitarian College, Manchester. Our first task was to establish a new form of Ministry training that would be flexible enough to attract candidates from anywhere in the UK and fit around students' busy family and work lives. It was also our vision to build on Ministry training and encompass training for lay leaders, young people and families and provide opportunities for all Unitarians with a ven to learn more about our faith and how to become a leader within it. Clearly, the arrival of the Covid pandemic posed some challenges to the College but we weathered the storm without any of our Ministry students losing any time in their individual learning plans and we are emerging from the pandemic stronger, with more knowledge about how to manage things remotely and with an exciting prospectus of courses and programmes planned for the rest of 2022. The staff team consists of me (Helen Mason) as Director of the College, and Rev Ant Howe as Ministry Tutor (as well as delivering on all our other programmes), alongside a growing and trusted cohort of visiting experts, associates and assessors. We are our own charity and our work is steered by a volunteer Board. So far, we have valedicted six Ministry students who are all busy working hard in the denomination. We are very proud of all of them and watch their careers developing with great joy. We currently have a further seven Ministry students on our books – six for the GA and one for the Non-Subscribing Presbyterian Church of Ireland. All Ministry students undertake a cocktail of activities that taken together make up a portfolio of evidence that prove they have met the 32 Ministry competences laid down by the General Assembly. These include: Academic study of Theology at a recognised University, Six residential workshops, held in various locations over several days during which the Unitarian element of the training is delivered, two congregational placements – the first with an

experienced Minister, the second with sole charge of a worshipping community, online courses in UK Unitarian History and Admin & Governance. At the College our delivery style is experiential and immersive. We ask all our students both Ministry and lay to bring something of themselves to the activities and to be willing to take risks, challenge themselves and share their learning journey with others. This style leads to a lovely collegiality and deep connectedness amongst our students. All our work is interwoven with illustrative and affecting high-quality worship so that our students learn to worship together to help achieve their goal. During the Winter of 20/21 when the lockdown was at its deepest, we turned our minds to lay training. With the immense help of Rev Winnie Gordon and Rev Sue Woolley of the Worship Studies Course, we started to explore ways to take the Foundation Step online. The Foundation Step is a broad ranging and comprehensive introduction to creating a piece of Unitarian worship. We took the existing eight modules and reimagined them for a Zoom setting. In January 2021 we had our first two groups of Foundation students and learnt a lot about the structure and quality of the course. After a few amendments, two more groups of Foundation students followed later in the year. We then decided to look at what lay leaders might need at Intermediate level. We invited 13 students to join us in September for a three-night residential experience. As well as honing their worship leading skills, we also introduced some other leadership areas – pastoral care, building community connections, understanding congregational dynamics and the leadership of change. The group rose to the challenge fantastically and worked so hard together whilst also forming deep friendships and connections which are still active several months later. Our next challenge is to develop a programme at Advanced level (which is already well in the planning). We intend to start the Advanced students in December this year and the programme will run for a whole calendar year. Students who have been successful at Intermediate level will be invited to join. We are currently working with the Executive Committee of the GA to agree the establishment of a recognised roll of lay leaders. We have also offered introductory courses in Chaplaincy and how to conduct Rites of Passage this last year.

Unitarian College - cont.

These programmes will be repeated again this year. For children and families we are working in a powerful partnership with the General Assembly and the Nightingale Centre to manage the forthcoming Junior weekend (7th – 9th October) as well as to develop a great strategy for youth activities going forward. If you would like to get involved in Unitarian College activities please take a look at our website www.unitarian-college.org.uk

In June and July we ran online Zoom courses for lay people: the Foundation in Worship Studies, and Rites of Passage. The latter we also ran in person in Manchester. We will be running Chaplaincy on Zoom later in the year. To find out more about any of these programmes please feel free to contact me HMason@unitarian-college.org.uk

If you are interested in Ministry training, please contact Ant - AHowe@unitarian-college.org.uk We are so pleased with the progress we are making as a college and delighted to work with all our brilliant students. It really does feel now as if we are 'growing our faith from the inside'.

This article was first published in 'The Associate' and contributed by Linda King.

Ministerial Vacancy in Ipswich

The Trustees have now sent the details of our Ministerial vacancy to be published on the GA website – here is the link -

https://www.unitarian.org.uk/ministerial-vacancies/

We know it may take some time to fill this post and are keen to ensure the congregation and members are involved in the process of selecting the best candidate. We give special thanks to Linda King who makes the arrangements for finding service leaders and to all those who have filled some of the role of a Minister while we have been without one. Your support is valued.

Lizzie Kingston Harrison Congregational Connections Lead –

(continued from page 7)

The site brings together new writing alongside muchloved work from The Lindsey Press and other publications. All resources can be searched by category, keyword, and tags and will be a valuable collection for anyone writing a service.

Meanwhile, my Congregations in the Community events have tapped into an appetite for innovative projects that help us reach out to our communities. These online events provide space for a minister or lay leader to share their ideas and inspire others. I have also been working to support ministers, lay leaders and congregations. I am collaborating with Richard Bober of The Meditational Fellowship to offer Sacred Stillness, a gentle and nourishing online space for worship leaders.

My Administrators' Coffee House provides an opportunity to share challenges, to offer mutual support, and for me to demonstrate new hiring and invoicing software.

My vision also includes new ways to imagine and celebrate our community and to strengthen and celebrate our sense of shared identity and principles. For example, I am working with Rory Castle Jones on an exciting new project LGBT+ Voices, to record and celebrate stories from our LGBT+ communities. I am also about to launch a Spiritual Buddying system to link up people seeking peer support and fellowship for their spiritual journey.

Taken together, my projects point us in new directions and connect us in fresh and exciting new ways.

Please do get in touch if you would like to find out more, to offer your time and expertise or with new suggestions for future directions.

email: ekingston@unitarian.org.uk

For more information:

https://www.unitarian.org.uk/2021/10/19/welcomin g-our-new-congregational-connections-lead-lizziekingston-harrison

Dorothy Archer Memorial Prizes 2022

Theme: 'Finding my Space' - Closing date 31st October 2022

- 1. 'Unitarian? What's that?' is the 'elevator question' many of us have been asked. This prize is for a short podcast explaining your definition to a person who asks that question. The recording should be prefaced with your name and contact details and emailed to nuf@nufonline.org.uk. Value £100
- 2. A Unitarian prayer or poem of between 100 150 words based on the theme of 'Finding my space'. This should be an original piece written for the competition. The winning piece will be printed in the News & Views as well as a selection of other entries. Email as a pdf to nuf@nufonline.org.uk. Value £100
- 3. A cover design for The News & Views. The News & Views is the quarterly magazine of the National Unitarian Fellowship which is distributed as a digital and` paper copy to all members of the Fellowship. The cover should reflect your interpretation of the theme, 'Finding my space' and contain 'National Unitarian Fellowship and the charity number 1040294. Email as a pdf to nuf@nufonline.org.uk. Value £100
- 4. A Unitarian hymn that reflects the theme of 'Finding my Space'. Minimum of two verses set to a recognised tune or original composition. Email as a pdf to nuf@nufonline.org.uk. Value £100
- 5. Digital Connections Award. This prize for innovation in Digital Connections. The last two years have brought exciting new ways in which congregations and other groups have connected using technology. This award will be for the most innovative use of digital methods to broaden the reach of your Unitarian resources. This could be as simple as a new format for your email newsletters; podcasts, worship, videos, a revamped website, online meetings, discussion groups, activities or networking.

In the first place please submit a resume of your project, no longer than 1,000 words, giving links

to resources where possible. The judges will be looking for Digital connection projects that started or primarily evolved within the last 2 1/2 years, and which are inclusive, accessible, creative and sustainable and you should explain how the project meets these criteria.

The prize for the winner is £200 but we hope to showcase all submissions in an (online) event in 2023, as an opportunity for connection and learning from each other.

If you wish to send your entry in print for sections 1-4, please contact the NUF secretary, nuf@nufonline.org.uk.

Dorothy Archer was a former president of the National Unitarian Fellowship and its publicity officer. She left a generous legacy for the promotion and outreach of the National Unitarian Fellowship.

Birthdays in September

Happy birthday to Karen Poulter on 7th; to Thomas Shaw on 8th; to Freddie Gray on 14th and to Ann Baeppler on 20th. We hope you all enjoy great celebrations on the day and have a good year until the next ones!

Disclaimer

We welcome contributions from all members and friends of our congregation. Views expressed in the articles are those of the individual and not necessarily those of our congregation or of our Unitarian community.

Contacts Contributions PLEASE for the next newsletter to Tessa before the deadline of Wednesday 28th September by email to ipswichunitarian@gmail.com or post to 48 Crabbe Street, Ipswich IP4 5HS To contact our Secretary, ring 01473 728498 email tessa@tessajordan.co.uk

Website – www.unitarianipswich.com

Thought for the month

Political language is designed to make lies sound truthful and murder respectable, and to give an appearance of solidity to pure wind.

- George Orwell